

Short-term Hospital Stay for Inguinal Hernia Surgery



- 👉 **Safe and reliable inguinal surgery by a surgical specialist**
We select the best surgical approach from various options including the latest robotic surgery.
- 👉 **Full multidisciplinary team support before, during and after surgery**
We evaluate risks, minimize pain, and help you recover with peace of mind.

**3-day,
2-night
hospital stay
for inguinal
hernia
surgery
program**

Surgical methods

We will propose the surgical method best suited to your condition!

Lichtenstein repair

- Standard surgical procedure
- Can be performed with lumbar anesthesia

Laparoscopic TAPP repair

- Standard surgical procedure
- Minimally invasive surgery
- Laparoscopic surgery

Robot-assisted TAPP repair

- State of the art surgery
- Minimally invasive surgery
- Laparoscopic surgery

💡 **Why is a hospital stay necessary?**

Hospitalization allows pain management and early detection of complications after surgery in a safe and comfortable environment.



Hospitalization Schedule (Standard 3-day, 2-night plan)

Day 1 (Preparation for surgery)

- Examination and consultation with a surgical specialist
- Preoperative tests (blood test, ECG, chest X-ray)
- Anesthesiology consultation (if necessary)
- Explanation of and consent to surgery
- Preoperative procedures



Day 2 (Surgery)

- Surgery (general or lumbar anesthesia)
- Observation, rest, pain management
- Assess wound and physical condition
- Walk as your condition allows



Day 3 (Discharge)

- Final examination, wound check
- Discharge instructions (bathing, physical activity, return to work)
- Prescriptions (pain medication, etc.)

*The discharge date is flexible depending on the patient's condition, level of pain, etc.



Option: outpatient follow-up 2 to 4 weeks after discharge (online follow-up available)