



Comprehensive Program to Protect Kidney Health



3-day, 2-night
hospital stay

Comprehensive
program to
protect kidney
health



- 👉 Thorough check of the condition of your kidneys
- 👉 Tailored suggestions on how to protect your kidneys

- ✓ A thorough examination of your kidneys during a short hospital stay
- ✓ Examination using Japan's latest, cutting edge technology
- ✓ Personalized protection strategies provided by our kidney specialists
- ✓ Receive care with peace of mind at a public healthcare center I
Shinjuku, Tokyo



Keep your kidneys healthy
with accurate, evidence-based diagnosis



为了维护肾脏健康
我们在包括肾脏活检在内的科学诊断基础上，针对不同病情，
提供恰当的个性化治疗方案。

Day 1: Initial examination

- Consultation with a specialist
- Blood test, urine test, ultrasonography, CT scan, X-ray



Day 2: Detailed kidney examination

- Our specialist provides personalized strategies
- Explanation of a kidney-friendly diet
- Consultation about medication

Day 3: Results and future plans

- We provide easy-to-understand explanations of every test result.
- We create personalized prevention and care for you.
- Together we discuss how to manage your health going forward.

**Outpatient
follow-up (optional)**

Outpatient follow-up allows us to monitor your kidneys on an ongoing basis.

Our specialists will provide ongoing care for your condition!

Extended plan

For those who need more detailed testing, longer hospital stay plans (3 nights/4 days, 4 nights/5 days) are also available.